

## **Safety and Supervision Techniques**

## **General Responsibilities of Caregivers**

- Demonstrate Competency, good judgment, and self control
- Relate to children with courtesy, respect, acceptance, and patience
- Recognize the uniqueness and potential of all children, their families, and their cultures
- Not abuse, neglect, or exploit children. Must report suspected abuse to PRS.
- You must know and comply with minimum standards
- Know which children you are accountable for
- Know every child's name and age
- Supervise children at all times, adjusting to each child's different age and ability
- Ensure that children are not out of control
- Be free from duties not directly involving the children, such as personal use of electronic devices, administrative duties, meal preparation, and/or janitorial duties
- You must interact with children in a positive way
- Foster developmentally appropriate independence in children through planned, flexible activities
- Show appreciation of children's efforts and accomplishments
- Communicate with other staff members
- You must know the indoor and outdoor layout of the child-care center
- Be aware of neighborhood circumstances, hazards, and risk

## What an Activity Plan should include

- The group the activity plan is designed for and the dates
- A variety of activities daily
- Indoor and outdoor play in which children use large and small muscles
- A balance of active and quiet play including group and individual activities both indoors and outdoors
- Regular meal and snack times
- Supervised nap times
- Both child initiated and adult initiated activities
- Sufficient time for activities and routines so that children can progress at their own development
- No long waiting periods between activities

## 10 Steps to Quality Interactions

- Teachers interact frequently with children showing affection, interest, and respect
- Teachers are available and responsive to children
- Teachers speak with children in a friendly, positive, courteous manner
- Teachers treat children of all races, religions, family backgrounds, and cultures with equal respect and considerations
- Teachers encourage children's development of independent functioning, as appropriate.
- Teachers facilitate the development of responsibility, self-regulation, and self-control in children
- The overall sound of the group is pleasant most of the time
- Teachers support children's emotional development, assisting them to be comfortable, relaxed, happy, and involved in play
- Teachers recognize and encourage pro-social behaviors among children
- Teachers use a variety of teaching strategies to enhance children's learning and development through-out the day